



TALES OF A YORKSHIRE COWGIRL

Essential summer viewing for August 2011

Press Release – June 2011

Horse & Country TV premieres another great equestrian documentary this August, as Yorkshire grit meets western riding!

"Tales of a Yorkshire Cowgirl" features Lou Talintyre, originally from Yorkshire, now based at The Mendip Stud, a breeding and training centre in Somerset. Viewers are given an insight into the fascinating world of western and Lou offers up some great training tips alongside introducing western horses and western tack. The programme also guest stars Chinese Olympic event rider Alex Hua Tian as he swaps his regular breeches for western chaps with surprising results.

"Tales of a Yorkshire Cowgirl" will first be shown on Friday 12th August at 7.30pm on H&C, Sky channel 280.

**For further information on transmission time and for details on other great programmes:
www.horseandcountry.tv**

Notes to Editors:

H&C lives on-air and online and provides exclusive sports event coverage, news, documentary and personality-led programming to the passionate audience for horse sports and country living. The channel won the award for '**Best Specialist Channel**' in the 2011 Broadcast Digital Awards. As well as horse sports, H&C broadcasts shows about dogs, country sports and rural lifestyle. Online, H&C publish blogs and commentary provided by a range of experts and personalities, as well as business listings, classifieds, forums, and a calendar of events. H&C has a 59,000 strong Facebook following and lives online at www.horseandcountry.tv and on-air on SKY channel 280.

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