



When Nicki Met Carl

Press Release – September 2011

TV celebrity **Nicki Chapman** features in an exclusive programme with top dressage rider **Carl Hester** this October on Horse & Country TV, as the three-time Olympian puts Nicki through some advanced moves on a Grand Prix dressage horse.

'When Nicki Met Carl' showcases Carl Hester's natural and enthusiastic approach to teaching "dressage beginner", Nicki, and gives the viewer a fantastic insight into what the rider should be asking from the horse in the preparation and execution of advanced movements such as Piaffe and Passage.

Nicki Chapman rode as a child and took part in the popular BBC series *Only Fools on Horses* for Comic Relief, where she came second in the show jumping "ride off" against a host of other celebrities. According to Nicki, who describes herself as "more of a get up and go" type of rider, she had never considered dressage before her lesson with Carl.

The result is a funny, informative and entertaining half-hour programme that offers a fascinating insight into what it takes to ride a top-level dressage horse and shows why Carl is one of the UK's greatest horsemen of our time.

The pair meet again in November, when Nicki presents the Spanish Riding School Tour at Wembley Arena with Carl and Paralympic dressage rider Lee Pearson, who will open the show with a specially choreographed routine.

'When Nicki Met Carl', premieres on Horse & Country TV, Sky channel 280, on Tuesday 4th October at 7.30pm and can then be seen throughout October at other times on H&C TV. For full programming details and timings, log onto www.horseandcountry.tv

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